



# Retirement Income

**My Tax Guy**  
**20412 32nd Dr SE**  
**Bothell, WA 98012**  
**(425) 893-9609**  
[www.My-Tax-Guy.com](http://www.My-Tax-Guy.com)



## How Social Security Benefits Are Calculated

Social Security retirement benefits are based on the following:

- Lifetime earnings.
- Age at time of retirement.

### Lifetime Earnings

Higher lifetime earnings result in higher benefits. The highest 35 years are used to calculate average monthly earnings. Each year is indexed for inflation to approximate what earnings for that year would be in today's dollars. Earnings for each year are also capped by the Social Security maximum earnings subject to Social Security tax for that year. After calculating the average indexed monthly earnings, a formula is used to determine the primary insurance amount (PIA).

#### Full Retirement Age—Social Security

Workers and spouses reach full retirement age as follows:

Born prior to 1938 .....	Age 65
Born in 1938 .....	Age 65 and 2 months
Born in 1939 .....	Age 65 and 4 months
Born in 1940 .....	Age 65 and 6 months
Born in 1941 .....	Age 65 and 8 months
Born in 1942 .....	Age 65 and 10 months
Born in 1943 through 1954 .....	Age 66
Born in 1955 .....	Age 66 and 2 months
Born in 1956 .....	Age 66 and 4 months
Born in 1957 .....	Age 66 and 6 months
Born in 1958 .....	Age 66 and 8 months
Born in 1959 .....	Age 66 and 10 months
Born after 1959 .....	Age 67

**Birthday on January 1.** Individuals born on January 1 of any year should refer to the previous year in this chart.

### Age at Time of Retirement

The amount of benefits also depends on the age when you decide to start collecting Social Security. Full retirement age is the age at which retirement benefits equal 100% of PIA. If benefits begin prior to full retirement age, benefits are permanently reduced. If benefits begin after full retirement age, benefits are permanently increased. By delaying the age at which you begin to receive Social Security, benefits may increase. It is not beneficial to wait past age 70.

#### Early Retirement Reduced Benefits

The earliest age a person can begin receiving Social Security benefits is age 62. The following table illustrates the effect on a primary beneficiary's benefit, and a spouse's benefit who normally would receive 50% of the primary beneficiary's primary insurance amount (PIA) when Social Security benefits begin at age 62:

Year of Birth	Primary's Reduction Percentage	Spouse's Reduction Percentage
1943–1954 .....	25.00%	30.00%
1955 .....	25.83%	30.83%
1956 .....	26.67%	31.67%
1957 .....	27.50%	32.50%
1958 .....	28.33%	33.33%
1959 .....	29.17%	34.17%
After 1959 .....	30.00%	35.00%

### Taxable Social Security Benefits

A portion of your Social Security benefits may be taxable. Ask your tax preparer for more information.



## Retirement Income

### Pension Income

Pension income paid to you as a retiree is generally taxable. An employee nearing retirement may be offered a choice in how a pension payment will be made. Pension options from a defined benefit retirement plan generally include a lifetime payment with no survivor benefit, a joint and 50% survivor payment, or a joint and 100% survivor payment. The joint and survivor benefits are reduced amounts from the lifetime payment option. Generally, once a pension option is selected, it cannot be changed.

### IRA Distributions

Distributions from IRAs and other retirement plans are generally taxable. Roth IRA distributions are generally not taxable. With some exceptions, distributions taken before age 59½ are subject to a 10% additional tax.

### Required Minimum Distribution (RMD) Rules

#### Traditional IRAs

If you have a traditional IRA you must begin receiving distributions from the IRA by April 1 of the year following the year you turn age 73.

#### Roth IRAs

The RMD rules do not apply to Roth IRAs. Distributions are required only after your death.

#### Required Minimum Distribution

By the required beginning date, you must begin receiving periodic distributions from a traditional IRA in annual amounts calculated to distribute the entire interest in the account over your life expectancy or over the joint life expectancies of you and a designated beneficiary. Minimum distributions must be made by December 31 of each year. If you wait until April 1 of the year following the year you turn age 73, you must take two RMDs in that year; the first by April 1, and a second by December 31 of that same year.

**Example:** Irene turned 73 on August 20, 2025. She plans to take her 2025 RMD in March 2026. She must also take her 2026 RMD by December 31, 2026.

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### RMD Calculation

The RMD for each year equals the IRA account balance as of December 31 of the preceding year, divided by the applicable distribution period, or life expectancy, for your age in the current tax year.

### Distributions Greater Than RMD

There is no penalty for taking distributions in excess of RMD. A distribution greater than the RMD cannot be carried over and used to meet the RMD for the following year.

### 25% Penalty Tax on Excess Accumulations

The RMD rules are designed to make sure you distribute most of your retirement benefits during life, rather than passing them to beneficiaries after death. The penalty for taking less than the RMD out of an IRA or qualified retirement plan is 25% of the part of the RMD that was not distributed.

The 25% penalty is reduced to 10% if you correct the shortfall by submitting a return during the correction window reflecting such tax.

### Early Retirement

Early retirees (individuals who retire before age 59½) are allowed to take distributions from retirement plans and avoid the 10% additional tax. If you are an early retiree, you must follow certain rules.

- Distributions must be taken at least annually in substantially equal amounts.
- Distribution amounts are determined by your life expectancy.
- Distributions must be taken for a minimum of five years beginning with the year of the first distribution. If, at the end of the five years, you have not yet attained the age of 59½, you must continue the distributions until attaining age 59½.

### Contact Us

There are many events that occur during the year that can affect your tax situation. Preparation of your tax return involves summarizing transactions and events that occurred during the prior year. In most situations, treatment is firmly established at the time the transaction occurs. However, negative tax effects can be avoided by proper planning. Please contact us in advance if you have questions about the tax effects of a transaction or event, including the following:

- Pension or IRA distributions.
- Significant change in income or deductions.
- Job change.
- Marriage.
- Attainment of age 59½ or 73.
- Sale or purchase of a business.
- Sale or purchase of a residence or other real estate.
- Retirement.
- Notice from IRS or other revenue department.
- Divorce or separation.
- Self-employment.
- Charitable contributions of property in excess of \$5,000.